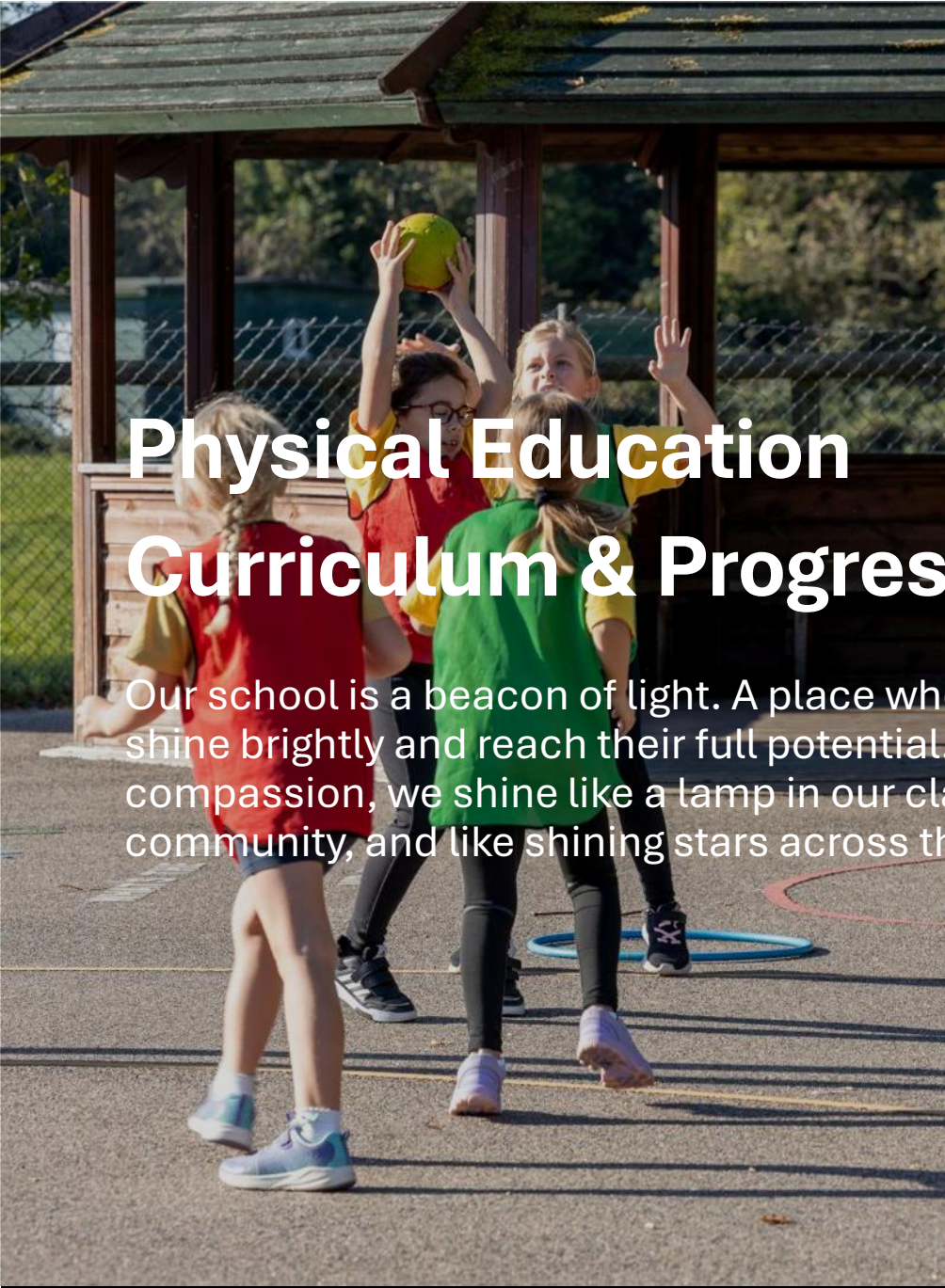


A photograph of four children playing basketball on an outdoor court. One child in a red shirt is jumping to shoot the ball, while others in green and red shirts are watching. A teacher or adult is also present, observing the game. The background shows a wooden gazebo and a chain-link fence.

Physical Education Curriculum & Progression

Our school is a beacon of light. A place where every child and adult is encouraged to shine brightly and reach their full potential. Through curiosity, courage, and compassion, we shine like a lamp in our classrooms, like a village on a hill in our community, and like shining stars across the wider world.



An Inclusive Physical Education Curriculum: Supporting Children with SEND

At Stelling Minnis CE Primary School, we believe all pupils should have the opportunity to learn to the best of their capabilities through a broad and balanced, inclusive curriculum. For our pupils with a Special Educational Need, we scaffold their learning to provide them with the strongest opportunities for success in our school. We believe firmly in the SEND Code of Practice's statement that 'every teacher is a teacher of SEN' and that our pupils with SEN should be provided with the same opportunities as their peers in our school. This means that, with their learning being personalised to meet their areas of need, they feel included in the classroom and make progress year on year. Reasonable adjustments are made in all lessons to enable this. When planning for Physical Education, class teachers will adapt their lessons where necessary using ideas taken from this list, however it is important to remember this list is not exhaustive and other adaptations may be needed for children with specific needs

Resources	Multi Sensory	Teacher Communication	Assessment
- Adapted equipment (larger balls, lighter bats, soft equipment) - A large range of physical education resources - Visual cue cards and task stations - Use of technology (videos, modelling clips) - Clearly organised spaces and equipment zones - Adult support/ intervention where needed - A range of playground resources and equipment- tyres, brooms, wheelbarrows etc	- Combination of visual, auditory and kinaesthetic learning - Use of demonstration, imitation and repetition - Movement-based activities (balance, coordination circuits) - Outdoor learning through Farm School and Forest School - Heavy work activities (lifting tyres, sweeping, carrying equipment)	- Clear, concise instructions broken into small steps - Use of modelling and visual demonstrations - Pre-teaching key vocabulary and skills - Regular check-ins and encouragement - Inclusive language and flexible questioning	- Ongoing formative assessment through observation - Adapted success criteria focusing on participation and progress - Use of practical demonstrations instead of written tasks - Individual progress tracking (fine and gross motor skills) - Assessment against Personalised plans and/ or EHCPs - Assessment against professional targets such as physiotherapists or Occupational Therapists - Feedback tailored to individual needs

Physical Education Overview of Units & Overview of Progression of Skills

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
EYFS	Multi-Skills Learning to share, take turns, gain control of their bodies, different types of movement, negotiating space Farm School/ Forest School	Ball Skills Throwing, rolling, sending and receiving Farm School/ Forest School	Gymnastics Control of own bodies, understanding the feel of body tension, basic shapes, balances, rolls. Introduction of apparatus to help with balance. Farm School/ Forest School	Team Games Share, take turns Follow simple rules Awareness of space and others Farm School/ Forest School	Athletics Running, jumping and throwing. Moving effectively with coordination Farm School/ Forest School	Striking & Finding Bat and ball basics Farm School/ Forest School
Year 1/2	Handball Throwing/catching, Rolling, aiming at targets Farm School/ Forest School	Tag Rugby Introduction of basic Tag rules, dodging, changing direction Farm School/ Forest School	Gymnastics Control of their own bodies while performing moves, understanding and applying good body tension, basic shapes, balances, more complex rolls. Introduction of apparatus to help with balance, rolls, strength work, jumping from height, landing with control. Farm School/ Forest School	Hockey Simple team games Understand scoring and rules Farm School/ Forest School	Athletics Running at speed, jumping for distance, throwing for accuracy and distance Farm School/ Forest School	Rounders Introduction of basic skills that will progress to cricket and rounders in KS2, striking with feet and hand, hand eye coordination, throwing and catching, rolling and stopping. Farm School/ Forest School
Year 3/4	Handball Improvement in throwing and catching, movement in space Farm School/ Forest School	Tag Rugby Change of speed and direction to confuse opposition, passing skills Farm School/ Forest School	Gymnastics Perform sequences with good body tension. Link movements with precision. Apparatus to link more complex skills. Introduction of two foot take off and vaulting. Farm School/ Forest School Swimming	Hockey Apply skills in game situations Basic attacking/defending (find space, mark) Improved decision-making Farm School/ Forest School	Athletics Running individually/team practices for relay racing, throwing for distance, beanbag/tennis ball, jumping for height/distance Farm School/ Forest School	Rounders introduction of cricket and/or rounders basic rules. Hand eye coordination improvement using assortment of equipment, throwing and catching, accuracy and power of throw. Farm School/ Forest School
Year 5/6	Handball Knowledge of the rules, apply rules and skills into a 5v5 game, shooting, defending, goalkeeping skills Farm School/ Forest School	Tag Rugby Knowledge of the rules, apply rules and skills learnt, able to officiate, passing backwards, supporting player with ball, positioning in attack and defense Farm School/ Forest School	Gymnastics Perform movements on the floor and apparatus with precision, poise, grace and understand the importance and implement good body tension. Introduction of partner work using body strength the support each other. Understand basic principles of fitness in gymnastics, strength and flexibility. More complex vaulting. Farm School/ Forest School	Hockey Apply tactics (space, positioning)Adapt play (attack/defence), Lead and communicate in teams Farm School/ Forest School	Athletics Sprinting with technique, introduction of hurdles, standing long jump, triple jump basics, relay, javelin/howler throwing for distance Farm School/ Forest School	Rounders/ Cricket knowledge of the rules of rounders, tactics involved in the game as fielders and when batting. Performance of throwing, catching, rolling, introduction of long barrier. Farm School/ Forest School